



## Program Goals

### **To reduce the length of time households experience homelessness**

Through a growing base of landlords, people experiencing homelessness are assisted in quickly regaining stability in permanent housing. Ideally, people will be homeless no more than 30 days before regaining a place to live.

### **To reduce households returning to homelessness**

Participants who benefit from our re-housing programs are assisted in the development and implementation of a success plan. Each plan includes goals aimed at increasing participant skills/income and improving their self-determination.

People become homeless for an unending list of reasons. But every person who finds themselves without a place to live shares a common deficiency. They lack a family/support system with the means to intervene. Micah believes the church and community have responsibility to fill that gap. We do so through a coordinated care system that meets people where they are with basic needs and general support. As our team of staff and volunteers grows in relationship with individuals, we work with them to pursue income, housing, and medical/mental health solutions. As individuals get jobs, locate housing, obtain benefits, regain stability and succeed otherwise, Micah offers support until it is no longer needed. Just like any family, that support can last months, years, or even a lifetime.



#### **Rapid Re-Housing**

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#### **Supportive Housing**

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# Pursuit of Housing Campaign



## Micah Ecumenical Ministries



A combined effort of  
Fredericksburg's homeless  
service providers



## Housing Programs

Micah maintains both a short-term and long-term housing assistance programs. Qualifying participants must actively live in a place not meant for human habitation or shelter. Their total income must fall below 50% of the median income and assets cannot exceed \$500.

### RAPID RE-HOUSING

A short-term assistance program for those with fewer barriers to housing stability. Participants receive case management and financial support in three-month increments, with intention to help as few months necessary for a person to fully transition.

### SUPPORTIVE HOUSING

A long-term assistance program for people experiencing chronic homelessness. Participants receive intensive wrap-around services and a rental subsidy, where they are required to pay no more than 30% of their total income.

#### *Criteria for Supportive Housing*

- Someone in the household must have a verifiable disability
- The household must have been homeless for more than one year or experienced four or more episodes of homelessness in a three-year period

“A house is a home when it shelters the body and comforts the soul.”  
~Phillip Moffitt

There is no application or waiting list for either program. All participants enrolling in Micah services are asked to complete a housing barrier's assessment, which helps us develop a plan to address the circumstances that have caused a person to be homeless. Our team of case managers specialize in:

- Application for disability and other benefits
- Connection to mental health/substance abuse services
- Employment search and placement
- Connection to health care resources
- Developing independent living skills

In partnership with Central Virginia Housing Coalition and other private landlords, our staff places individuals/households in community units and provides the support necessary for them to stabilize their living situation.

### STABILIZATION SERVICES

- Budget or financial management
- Identifying food and community resources
- Finding furniture and other household items
- Landlord or roommate mediation
- Life skills development
- Transportation planning
- Connection to residential supports
- Accessing appropriate benefits
- Medication management
- Household upkeep such as cleaning/meal preparation

Typically, three to nine months of support will stabilize a person enough that we can reduce our support and their household is no longer at risk of returning to homelessness.